




SARAT CENTENARY COLLEGE, DHANIAKHALI, HOOGHLY, WB TEACHER PROFILE



NAME: Mr. Sukumar Das	
DESIGNATION: Assistant Professor	
DEPARTMENT: Physical Education	
ACADEMIC QUALIFICATIONS: B.P.Ed, M.P.Ed, M.A (Yogic Science), Ph. D (Pursue)	
CONTACT INFO.: sukumardas159@gmail.com/ 9088262518(Whp)/9134370416	

DATE OF JOINING	22/08/2019 (FN)
SPECIALIZATION	Sports Training, Yogic Science, Adopted Physical Education
TEACHING INTEREST	Sports Psychology, Sports Management, Exercise Physiology, Yogic Science
TEACHING EXPERIENCE	3 Years
AWARD/ FELLOWSHIP	JRF(RGNF Under UGC)
MEMBERSHIP	Life Member; Indian Yoga Association, Dwarka Delhi

RESEARCH INTEREST: Sports Training, Yogic Science, Adopted Physical Education

RESEARCH EXPERIENCE:Worked as JRF research fellow in JU, Kolkata. Master’s thesis in P.G.G.I.P.E, Banipur, North 24 pgs.

SEMINAR/ WORKSHOP PARTICIPATION	PRESENTED PAPER		ATTENDED		CHAired SESSION	
	NATIONAL	INTERNATIONAL	NATIONAL	INTERNATIONAL	NATIONAL	INTERNATIONAL
PARTICIPATION	04	02	10	03	Nil	Nil
PUBLICATIONS	JOURNAL ARTICLES		BOOK/BOOK CHAPTERS			
	06		Nil			

- SELECTED PUBLICATIONS:**
1. “Relationship of flexibility with speed strength muscular power and agility of adolescent gymnasts” Jan 05-07, 2017.
 2. “Fostering yoga education in modern education: Some suggestions” 10th and 11th December, 2017.
 3. “Relationship of speed with foot length leg length and stride length of state level sprinters” Sept 03-04, 2015.
 4. “A comparison of precompetitive anxiety between soccer players and referees” Sept 20-21, 2016.
 5. “The life of Indian Paralympic athletes and their indomitable spirit: A great source of inspiration” Nov 07-08, 2016.
 6. “Optimal anthropometric parameters and their ratios associated with 100-M sprinting performance” MARCH 2017.

RESEARCH PROJECT/COLLABORATION/GUIDANCE:Guided six Master’s thesis.

ANY OTHER INFORMATION/ADDITIONAL RESPONSIBILITY: Program Nodal officer of AIKYASHREE State Scholarships, Sarat Centenary College, Hooghly.